



NEWSLETTER

OCTOBER/NOVEMBER 2008

Website: www.transplantsports.org.za ~ Photosite: <http://satsa.myalbum.net>
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Editorial

Well, the National Games have come and gone. We trust that those who were there enjoyed it and that the experience have motivated you all to such an extent that we will have a super-ready, super-fit SA Team that participates in Australia next year.

At this stage we have to say "Thank you" to Johan Keet who was the man on the spot and made all the arrangements for the Games. He was the one who asked for the Games to be hosted in Pretoria and I really believe that SATSA has moved up a step with these Games. I have yet to hear negative comments but would love to have ANY comments about the Games from those that were there. It is only through positive criticism that we will learn and improve.

In the end we had 54 athletes (one took ill and had to be taken to hospital) participating and it was wonderful to see people really getting into the spirit of things. In all forty-one athletes qualified for selection to the SA Team that will participate in Australia.

On the Thursday evening we also had the AGM which was easily the best attended meeting I have seen for years. Thanks to all those who came and also participated in the meeting. Johan Keet decided not to make himself available for re-election and we thank him for his years of service. Our Treasurer, Bill Rosenberg also did not stand for re-election due to pressure of work. As there was no one nominated for the position of Treasurer, it was decided to ask Bill to continue until a suitable person is found to take over this very important position on the Executive Committee. Margie Rosenberg, our previous Secretary and a person who has really made her mark in the organisation, also decided not to stand again. We really owe Margie and Bill a great deal of gratitude for all they had done in the past and are still doing for SATSA. One new member was elected to the Management Committee. We welcome Stephan van den Berg, who hails from the North-West Province, and wish him a long and happy stay with the Management Committee. John Vicars was again co-opted as the convener of our

Fundraising efforts. We wish him lots of success in his efforts - we are going to need it with such a large Team for Australia.

We are slowing down a bit as we approach the end of the year 2008 but it is with renewed vigor that we are going to have to tackle 2009 to raise sufficient funds for our Team and to make SATSA even more visible to the people of South Africa.

Our final fling for 2008 will be the Golf Day we have at St Francis Bay Golf Club on Saturday 20 December. This promises to be a real humdinger with people from all over the country planning to be there to play. Although we already have a number of sponsors, we need all the help we can get with extra prizes and even things that we can raffle to raise some extra funds.

Thanks to Henri & Elena van Aswegen for some wonderful prizes.

It only remains for me, on behalf of your Committee, to thank each one who through this year had made a contribution to SATSA or to raising awareness for Organ Donation and Transplantation. We also want to wish all of you and your families everything of the best for the Festive Season. Stay healthy and safe and may 2009 hold only wonderful success, happiness, health and all you wish yourself.

Enjoy the Newsletter and please contact us if there is anything you need to know.

Willie Uys

COMMITTEE ACTIVITIES

Willie Uys – *Chairman*

Gunston Padayachee – *vice-Chairman (KZN)*

Heilie Uys – *Secretary*

Vacant – *Treasurer*

Dr. Jan De Kock – *Member (KZN)*

Stephan vd Berg – *Member (North West)*

Koos Du Toit – *Member (Western Cape)*

John Vicars – *Co-opted Member (Western Cape)*

Apart from organising the National Games in Pretoria, we were also busy with a number of other very important projects. Most probably the most important one was the application to the National Lotto Distribution Trust Fund. Applications had to be completed within a month from the time that the notice was placed in the media. This took some doing but it is wonderful to

report that we had some excellent help from the guys at the High Performance Centre in Pretoria - Toby Sutcliff and Byron Malga. Our thanks to Toby and Byron. I trust that the application will be successful and that we will be able to financially assist our SA Transplant Team to Australia next year.

We have also been busy with an application to the SARS to be registered as a Public Benefit Organisation (PBO). This has been granted and means that we are now able to recognise donations to SATSA by allowing the donor Tax relief on the amount. We hope that this will make it easier for some of the companies to make donations and sponsor SATSA. If you are able to get this type of substantial sponsorships, please make contact with us and we will let you know how it works.

Finally we have been busy with arrangements for the Worlds Biggest Walk on 25 October. A number of radio interviews were done and many of our members have grasped this opportunity to get involved with awareness promotion. It is a pity that not more members were able to get involved but we trust that those who missed out will get involved next year. It is a wonderful opportunity!!

Please note that SATSA's Constitution is available on the Website. Those who do not have access to the internet may request a copy from the Secretary (042 298-0014) or (082 465-0935)

Our Website: www.transplantsports.org.za

Email: info@transplantsports.org.za

Our Photosite: <http://satsa.myjalbum.net>

National Games



As mentioned in the Editorial, the Games was enjoyed by all those who made the effort to come and in the end I believe that we had more participants at our National Games than we have had for

a very long time.

What was very evident was the fact that many more of the participants were really serious about their participation and there was a pretty high level of fitness. The idea that one can do a bit of exercise a few weeks before the Games and then compete was definitely proven wrong. Those that participated showed a very high level of commitment and this bodes very well for our participation in Australia.

Another heartening aspect was the many new members that participated and the enthusiasm that they displayed doing so. They really got totally involved in all the activities during the Games. Many of them are also looking at the whole organisation with different eyes and bringing along some very interesting ideas.

Another very heartening aspect related to the newer members is that they have immediately grasped the fact that they cannot wait for SATSA to provide all the funds for them to go to the World Transplant Games. A number of them have already started a variety of actions and projects to raise as much of their own funding as possible. There are going to be Fishing Competitions, Lawn Bowls Tournaments, Golf Days, Spit Braais, Dances, Musical Evenings, etc. We wish all of you everything of the best with your efforts and promise that SATSA will continue to do the Corporate Fundraising on your behalf.

We have just received the final draft of the WTG 2009 Rules and they are again stressing the fact that participants need to be well prepared, fit and healthy. Athletes will also not be permitted to enter items in which they have not been actively involved. This apparently caused some problems at the Canada and Bangkok Games.

We are now going into the process of preparing to get the Team together and we urge everyone to continue their fitness program and also to practice diligently.

A very special thanks to the de Kock family for a wonderful supply of quality photographs.

We will have the photos of the Games on our Photosite by the time you receive this Newsletter so go and visit:

<http://satsa.myjalbum.net>

Please note there is no WWW in front!!



The Qualifiers – SA Transplant Team

THE WORLDS BIGGEST WALK

South Africa had about fifteen+ walks all over the country. We were running second together with Canada and just behind Australia for the number of walks registered.

The Organ Donor Foundation organised two walks. One in Cape Town and one in Johannesburg. Then there were also walks in

Durban supported by the Department of Sport & Recreation; East London, Bethlehem, Klerksdorp, Richards Bay, Saldana Bay, etc. At St Francis Bay we got the guys who were on the Golf Course to walk - they walk in any case.

Interesting walks were one of a guy who was on Mt Everest and he walked some steps in support. We also arranged that our team that is stationed on Marion Island would walk a distance to show their support.

We trust that we will have many more walks around the country next year.

Check out the Website for photos, etc.

www.worldsbiggestwalk.org

FUNDRAISING

SATSA GOLF DAY SET FOR SATURDAY 20th DECEMBER 2008 AT St FRANCIS BAY GOLF CLUB

This day had to be postponed last year due to the floods at St Francis, but we have again been able to get a date in the busy holiday calendar at St Francis Bay GC.

This will be a full day competition and golfers can look forward to a great golfing day on a friendly but challenging golf course. We are again looking towards our regular sponsors and supporters to help us make this day really enjoyable by helping us with sponsorships, donations and prizes with which we will be able to reward our participating golfers on the day. All the funds generated on this day will be used towards assisting the athletes who will participate in the World Transplant Games in Australia in August 2009.

Should you be interested in sponsoring a hole; book a 4-ball to play on the day or want more information or help us, please call Willie Uys – 082 442-1210.

Make sure that you get a spot to play and book early.

Tee times: Morning & Afternoon

Green-fees: R250 pp

R1000 per 4-ball

Sponsoring hole: R400 or more

If you have prizes that you would like to donate, please call Willie 082 442-1210

CALENDER OF EVENTS AND ACTIVITIES FOR 2008

Over the next nine to ten months fundraising is going to be very important to SATSA and the SA Team to participate in Australia.

If you are able to do something to raise funds, please let us know about it and then make use of this Calendar of events to increase awareness and help to make your event a success.

Please let us know about things that are happening in your area or if you are doing some Fundraising and would like others to know about it.

November	14	World Diabetes Day
December	20	SATSA Golf Day St. Francis Bay GC
May 2009	12	World Kidney Day www.worldkidneyday.org
May 2009	21	SATSA Golf Day Parow Golf Club



The WTG 2009 website has gone live.

<http://www.worldtransplantgames09.com/>

Please note that although it is possible for individuals to register directly on the site, all registrations for athletes from South Africa will be done through the National Office.

PLEASE DO NOT REGISTER YOURSELF!!

This is done so that we are in control of the whole process and know what is required for the SA Team and the accompanying persons. Your cooperation will be appreciated.

I am sure that everyone who visits the website will start to feel the excitement around this event and that all our athletes will continue to keep themselves healthy and fit and get ready for August next year.

Please note that Registration Cost for all athletes and accompanying persons will be Aus\$1200.

This fee covers participation, accommodation, meals and all the social activities for the run of the Transplant Games. It also includes transport to and from the airport on arrival & departure.

South Africans also need Visas to travel to Australia - Cost is approx. R1000.

Our athletes and the accompanying persons need to ensure that their passports are valid until at least February 2010.

Some useful websites:

www.transplantliving.org

www.transplantlife.com



High Jump – vd Westhuizen

Cycling at Gerotek



Life Members at Awards Dinner

SPREAD THE MESSAGE!!
It is up to every member to get the story of the National Transplant Games into their local Newspapers. Please use photographs - or request some from us - and get your local Newspapers to publish something about this GREAT event!!



10Pin – Balada



Tennis – vd Berg



The 100 meters – The field



Lawn Bowls – Emslie



CJ – “Just leave me out now!”



Gird & Matsoso – 800 meters



The NZN Team
with their Cousins



Gird & Vosloo
Heart x1 & Lung x2 recipients
from the same donor

